



All proceeds go to



Registered charity number 1140386



# 2017 Dates!

If your Mondays are manic why not make them

## Mmm...Mondays

AT GROVE HOUSE, ST ALBANS

EVERY MONDAY

Every Monday we are offering half hour treatments:

Massage with Izzy

(Jan 16, Feb 13, Mar 13 and 3 Apr  
10–1:45 £20)

Japanese Cosmo Facial with Alison  
(Jan 23, Feb 20, Mar 20 and 10 Apr  
10–1:45. £22)

Reflexology with Eileen  
(Jan 30, Feb 27, Mar 27 and 24 Apr  
10–1:45. £20)

Treatments need to be booked in advance!

To book your slots call now  
01727 731010!